

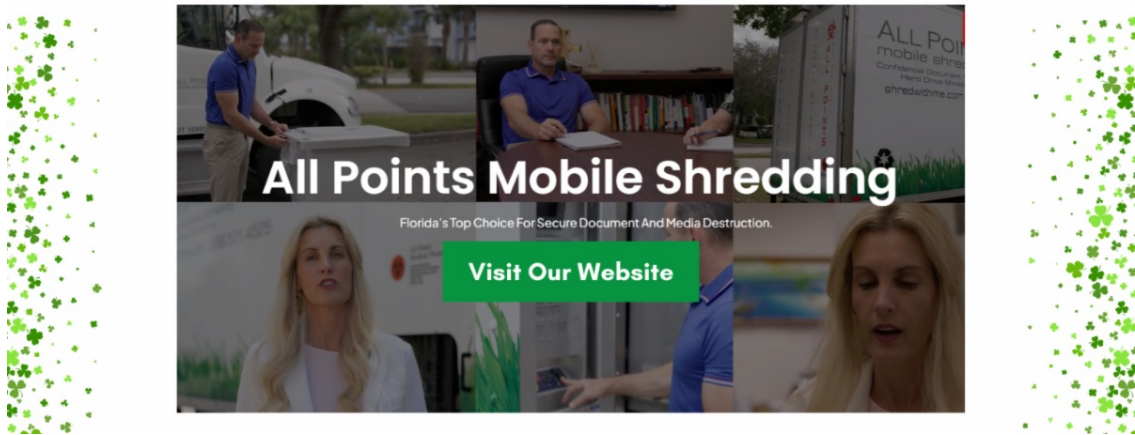
March Updates:

STAY SECURE, STAY COMPLIANT, STAY INSPIRED!



March is here, bringing fresh opportunities for gold! At All Points Companies, we're dedicated to helping you protect what matters most—your business, your compliance, and your well-being. This month, we're sharing exciting updates, industry insights, and a touch of inspiration to keep you moving forward with confidence.

HAVE YOU CHECKED OUT THE NEW ALL POINTS MOBILE SHREDDING WEBSITE?



In this month's newsletter:

We're bringing you exciting promotions, expert insights on protecting your business, and a little extra luck in the form of wellness and inspiration!

MARCH PROMOTIONS: SPECIAL OFFERS JUST FOR YOU!



Friday Shred Event at Peter's Hardware

Join us every Friday at Peter's Hardware for our Shred Events! Safely dispose of your confidential documents while protecting your personal and business data.

ALL PAPER IS SHRED ON SITE!

FRIDAYS FROM 9:30 AM - 10:30 AM

Peter's Hardware
975 SE Federal Hwy, Stuart, FL
(Across from the McDonald's on US-1)

\$20/ Box. \$25/hard drive.
(Cash or Check only)

SPECIAL OFFER: **One-Month Free** **Compliance Training!**

This month, we're offering one month of free compliance training when you sign up for our waste disposal services. Stay compliant with ease while ensuring a safer workplace!



*** CONTRACT MUST BE SIGNED IN
MARCH AND MUST BE A 3-YEAR
AGREEMENT.**

**Call Now for a Free Quote
800-696-8483**

Finding Clarity and

BALANCE IN BUSINESS

Success in business isn't just about security, compliance, and strategy—it's also deeply connected to mindset, mental clarity, and overall well-being. In today's fast-paced world, business owners and professionals often find themselves overwhelmed by deadlines, responsibilities, and the constant pressure to perform. But what if the key to better decision-making, productivity, and overall fulfillment isn't just working harder, but working with a clearer, more focused mind?



When you're constantly in "go" mode, it's easy to get caught up in reactive thinking—responding to problems as they come rather than strategically planning. A cluttered mind leads to poor decision-making, burnout, and unnecessary stress, while a clear, balanced approach allows you to:

- ✓ Make better, more intentional decisions
- ✓ Handle challenges with calm and confidence
- ✓ Improve focus and productivity
- ✓ Strengthen relationships with employees, clients, and partners
- ✓ Create a business culture centered on growth, not just survival

So how do we achieve clarity and balance while managing a business? Let's explore some key strategies.

1. Practicing Mindful Decision-Making

Before making a major decision, take a few deep breaths, step away from distractions, and ask yourself: What is the best long-term outcome for this decision? Instead of reacting, give yourself time to process.

2. Managing Stress with Intentional Breaks

Schedule short breaks throughout your workday. Try the Pomodoro Technique (work for 25 minutes, then take a 5-minute break) to maintain high focus without burnout.

3. Creating a Business Routine That Prioritizes Well-Being

Highly successful leaders incorporate well-being and self-care into their schedules—not just as an afterthought, but as a priority.

4. Decluttering Your Mental & Physical Space

A cluttered workspace = a cluttered mind. Studies have shown that a clean and organized environment can boost creativity, efficiency, and focus.

5. Prioritizing Purpose Over Productivity

True success isn't about checking off endless tasks—it's about focusing on what truly matters. Many business owners feel stuck in "busy work" that doesn't contribute to long-term goals.

6. Aligning Business Goals with Personal Fulfillment

Ask yourself: Does my business support the kind of life I want to live? If the answer is no, it might be time to re-evaluate and realign your goals.

Final Thoughts: Success Starts with Mindset

💡 **Take Action:** This month, challenge yourself to incorporate at least one of these strategies into your work routine. Small changes can lead to big results!

Is It Time for 'The Talk'?



Having "The Talk" with your child can feel intimidating, but pediatric experts emphasize that early, open, and age-appropriate conversations can make a big difference. Instead of waiting for one big discussion, it's best to introduce these topics gradually over time. Here are key tips to help parents navigate these important conversations:

1 Start Early & Keep It Ongoing

Experts suggest starting conversations early, even when kids are young, by using proper anatomical terms for body parts. As children grow, continue to introduce topics related to relationships, emotions, and safety, so it feels natural rather than a one-time, awkward discussion.

2 Be Honest & Approachable

Children are naturally curious, and when they ask questions, answer truthfully in an age-appropriate way. Avoid overly complex explanations for younger kids, but also don't dismiss their questions. If they feel comfortable coming to you for answers, they are less likely to turn to unreliable sources.

3 Use Teachable Moments

Opportunities to discuss these topics naturally arise in everyday life—whether it's during a movie, a news story, or a question they ask. Using real-life examples makes the conversation feel less forced and more relatable.

4 Address Feelings, Not Just Facts

It's important to discuss emotions, relationships, and respect, not just biology. Help your child understand boundaries, consent, and the emotional aspects of growing up. This fosters healthy relationships and self-awareness.

5 Create a Judgment-Free Zone

Your child should feel safe discussing personal topics with you. Reassure them that no question is too embarrassing or off-limits. Avoid reacting negatively or shutting down the conversation—this will help them trust you as a reliable source of information.

6 Use Books & Resources

If you're unsure how to explain certain topics, books and online resources from trusted medical or educational organizations can help guide the conversation. Reading together can be a great way to introduce new concepts.

☀ **Final Thought:** The most important thing is to create an open line of communication. By talking early and often, you're not just educating your child—you're building trust that will last into their teenage years and beyond.

Source: news.umiamihealth.org

[Read Full Article Here](#)



INDUSTRY SPOTLIGHT: KEY DEVELOPMENTS IN WASTE MANAGEMENT



Waste Eliminator Acquires Georgia-Based Hauler

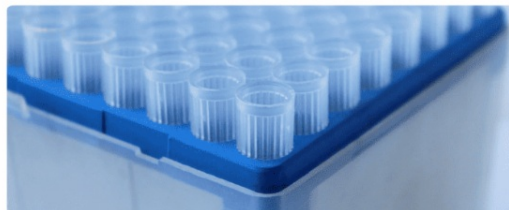
Waste Eliminator, a sustainable waste solutions provider in the Atlanta metro area, has acquired FC Sanitation (FCS), a hauling firm specializing in municipal solid waste (MSW) and construction and demolition (C&D) waste. This acquisition strengthens Waste Eliminator's foothold in northeast Georgia and South Carolina while expanding its commercial hauling and waste collection services.

Backed by private equity firm Allied Industrial Partners, this marks Waste Eliminator's seventh acquisition since 2021 and its second acquisition this month, following its purchase of Enterprise Landfill and Phillips Recoveries. The company's leadership expresses confidence in continued growth across the Southeast region.

Source: Waste Today Magazine

Veolia, MassBio & GreenLabs Partner for Medical Waste Plastics Recycling

Veolia and MassBio have partnered with GreenLabs Recycling to create a sustainable, hyperlocal recycling system for lab plastics in Greater Boston. The initiative repurposes discarded pipette tip boxes into reusable tips transfer bins, allowing scientists to witness the transformation of their waste. Lab plastics from Veolia customers are collected, processed at Veolia's Middleton facility, and sent to GreenLabs' Concord recycling plant, where they are granulated and molded into new products—all within a 50-mile radius to support a circular economy.



Founded by Sam White, GreenLabs has diverted over 200,000 pounds of plastic from landfills, with major biotech firms actively participating. This collaboration presents a scalable model for medical waste recycling, offering an innovative solution that can be expanded to other regions.

Source: Waste Today Magazine



It's Probably a Scam!

Fraudsters are sending fake text messages about unpaid tolls. Here's how to protect yourself from this latest scam.

Whether you've driven through a toll recently or not, you might've gotten a text saying you owe money for unpaid tolls. It's probably a scam. Scammers are pretending to be tolling agencies from coast to coast and sending texts demanding money. Learn how the scam works so you can avoid it.

You get a text out of the blue that says you have unpaid tolls and need to pay immediately. The scammy text might show a dollar amount for how much you supposedly owe and include a link that takes you to a page to enter your bank or credit card info — but it's a phishing scam. Not only is the scammer trying to steal your money, but if you click the link, they could get your personal info (like your driver's license number) — and even steal your identity.

Got a text telling you to pay "overdue toll charges"?

It's probably a scam.



To avoid a text scam like this:

Don't click on any links in, or respond to, unexpected texts. Scammers want you to react quickly, but it's best to stop and check it out.

Check to see if the text is legit. Reach out to the state's tolling agency using a phone number or website you know is real — not the info from the text.

Report and delete unwanted text messages. Use your phone's "report junk" option to report unwanted texts to your messaging app or forward them to 7726 (SPAM). Once you've checked it out and reported it, delete the text.

Source: Federal Trade Commission Consumer Advice

READY TO SECURE YOUR BUSINESS AND STAY COMPLIANT?

We're here to help you every step of the way. Contact us today to schedule a service or learn more about our solutions.

800-696-8483



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