



September Newsletter

Your Free Monthly Shred & Med Waste News!

Visit our website



No-Touch Friday Shred Event at Peter's Hardware

Every Friday All Points Mobile Shredding is offering "No-Touch Shred Events" for your:

- Confidential Documents
- Hard Drives

EVERYTHING IS SHRED ON SITE!

FRIDAYS FROM 9:30AM-10:30AM

Peter's Hardware 975 SE Federal Hwy, Stuart, FL (Across from the McDonald's on Us-1)

\$20/ Box. \$25/hard drive. (CASH only. Credit Cards for 5 or more boxes)

September Special!

One Month Free Shredding with One Year Agreement*



All Points offers on-line compliance training for HIPAA, Hazcom, Bloodborne Pathogens, DOT, PPE, Sharps, Fire & Electrical Safety & Hand Hygiene.

For More Information, Call 772.222.3266

*Up to \$150 value

Is Your Alarm Making Your Tired?





Interesting Facts - Did You Know?

- It snows in the Sahara Desert
- There are only 2 countries in the world where Coca Cola does not exist
- Sudan, not Egypt, has the most pyramids in the world
- The Sahara Desert used to be a tropical rainforest
- You can walk from Russia to Alaska on ice
- China has only one time zone

Source: The Travel Intern



The way you wake up can impact how tired you are in the morning.

A study by RMIT University revealed that harsh sounding alarms make us more groggy in the morning, while musical or melodic ones can improve alertness.

For those who want to have peak performance each morning, consider changing the sound that you wake up to.

The study's main researcher stated "If you don't wake up properly, your work performance can be degraded for periods up to four hours, and that has been linked to major accidents."

The study made clear that those who need or want to perform at their peak should wake up to music or some type of melody because harsh beep beep beep sounds disrupt and confuse our brain activity.

Source: Tech Explorist

Call Now for a Free Quote 772.222.3266

7 Characteristics of Great Business Leaders



All great leaders whose teams and employees respect them share these 7 traits:

Humility - Great leaders in business put the needs of their team above their own.

Willingness to Reach Out - Recognize that you don't know it all and be willing to connect with other business leaders

who can provide their expertise and advice on a matter you need input on.

Curiosity - Great leaders are curious about the world around them and never just get comfortable.

Desire to Help Others - Think about the employees on your team and the customers you serve and how you might help them feel happier and recognize them to show you truly care. Effective Communication - This does not just mean e-mails and texts. The best communicators know how to interact with people in person, on the phone and virtually to make them feel heard. Integrity - Do what you say you'll do, all the time. Courage - Be willing to be risk taking, but make sure they are calculated and thought out as your team is depending on you. Source: Entrepreneur All Points Mobile Shredding & Medical Waste Connect with us 772.283.4152 P in clientcare@allpointsprotects.cm allpointsprotects.com