



August Newsletter

Your Monthly Shred & Med Waste News!

[Visit our website](#)



Friday Shred Event at Peter's Hardware

Every Friday All Points Mobile Shredding is offering a Shred Event for you:

- Confidential Documents
- Hard Drives

EVERYTHING IS SHRED ON SITE!

FRIDAYS FROM 9:30AM-10:30AM

Peter's Hardware
975 SE Federal Hwy, Stuart, FL
(Across from the McDonald's on Us-1)

*\$20/ Box. \$25/hard drive.
(Cash or Check only)*

August Special! 1 Month Free Compliance Training with New Medical Waste Agreement

*Must be booked in the month of August.
Must be 3 year term with standard terms.



Are You Compliant? We Can Help!

All Points offers on-line compliance training for HIPAA, Hazcom, Bloodborne Pathogens, DOT, PPE, Sharps, Fire & Electrical Safety & Hand Hygiene.

**For More Information,
Call 772.222.3266**



All Points is Proud of our Over 375 5-Star Google Reviews!



All Points' Story Featured - Watch!

All Points Mobile Shredding & Medical Waste is excited to share our story!

First Southern Bank and the Florida Small Business Development Program joined forces to feature our story of:

- Overcoming Adversity & Loss
- Explosive Growth
- Tremendous Leadership
- An Amazing Team
- A Focus on Delighting our Customers!

We would love to hear your comments and feedback! Please comment on the video below or respond to this newsletter!

Click To Watch a Quick Video On How We Got Here - All Points Story!



All Points Mobile Shredding and Medical Waste loves to delight our clients!

We believe our reviews speak for the level of service we provide.

We are proud of our over 375 5-Star Google Reviews and very thankful to our wonderful clients who provided them!

Click Here To Read Our Google Reviews

Click Here to Leave All Points a 5-Star Google Review!



Over 50% of Cancers Due to Life Style

A recent study from the American Cancer Association found that about half of all cancer deaths are due to lifestyle choices. The good news is that these behaviors can be modified.

The following are the most significant risk factors for cancer:

AT&T Hackers Steal All Customers' Data

AT&T announced a major data breach resulting in the data thieves obtaining AT&T customers' call and text interactions that occurred between May 1, 2002 and Oct 31, 2022.

Millions of customers data was stolen. This is not the first time this year AT&T has had a data breach. Another took place in March 2024.

This breach was believed to be caused because companies will pay a high price for private data from consumers. They seek to gain data about you what you text, what you're watching and more. In essence, cell phone companies are the gateway to everything on the Internet. This draws hackers. Unfortunately, lobbyists from big companies like Amazon and Google, prevent federal data privacy legislation that could more effectively prevent such breaches.

One lawyer stated, "The number one impediment to us getting it passed in Oklahoma was AT&T and Verizon."

Source: Fox Business and CNN



[WE OFFER HARD DRIVE DESTRUCTION - Click Here to Learn More](#)

- **Smoking** - 20% of cancers and 30% of cancer deaths are due to smoking.
- **Red Meat/Processed Meat** - Those who eat a high amount of red and processed meat and who ate low quantities of vegetables and fruits had higher rates of cancer.
- **Excess Body Weight** - The study found that 7.4% of preventable cancers are due to being over weight.
- **Alcohol Consumption** - 5.4% of cancers are from excessive alcohol.
- **Physical Activity** - Sedative people tend to have more excess body weight making this factor significant.
- **Sun or Tanning Bed Exposure (UV light)** - Melanomas can be reduced with limited UV light exposure and use of sunscreen.
- **Radiation** - Limiting exposure to radiation is a lifestyle change that can reduce preventable cancers.

Source: Epoch Times



"In a gentle way you can shake the world."

-Mahatma Gandhi

"It's a rare person who wants to hear what he doesn't want to hear"

-Dick Cavat

Call Now for a Free
Quote 772.222.3266



6 Ways to Protect Yourself From Cybersecurity Attacks

Make strong passwords - Passwords should be at least 12 characters, avoid personal information and be a mix of characters, letters and numbers. A password manager is a great way to manage this.

Secure your home network - Make sure your WiFi is secure. Using a Virtual Private Network (VPN) is recommended because it makes your internet traffic appear to come from the VPN server rather than your IP address.

Encrypt confidential information - Data such as financial information, health records, log in's, and payment information should be encrypted. Don't hesitate to ask an IT or cybersecurity expert for help.

Be a savvy consumer - Be wary of offers that seem too good to be true, pressure e-mails forcing you to take action, e-mails that are not personalized, unsolicited requests, and e-mails coming from suspicious e-mail addresses.

Monitor financial accounts - It's a great idea to regularly request your own credit reports to look for suspicious activity. Services such as LifeLock can also monitor your data online for you and alert you of suspicious activity.

Update software - A top way to stay secure is to keep all of your software and systems up to date. Turning on automatic updates is a good way to ensure that you update software as soon as an update is available, which enhances encryption and other security measures.

Source: Epoch Times





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