

ALL POINTS
mobile shredding



ALL POINTS
medical waste



December Newsletter

Your Monthly Shred & Med Waste News!

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Friday Shred Event at Peter's Hardware

Every Friday All Points Mobile Shredding is offering a Shred Event for you:

- Confidential Documents
- Hard Drives

EVERYTHING IS SHRED ON SITE!

FRIDAYS FROM 9:30AM-10:30AM

Peter's Hardware
975 SE Federal Hwy, Stuart, FL
(Across from the McDonald's on Us-1)

*\$20/ Box. \$25/hard drive.
(CASH only. Credit Cards for 5 or more boxes)*

December Special!

*4 Free Hard Drives
Destroyed with 50 box or
more purge.*

*Must be booked and performed in the month of December.



Are You Compliant? We Can Help!

All Points offers on-line compliance training for HIPAA, Hazcom, Bloodborne Pathogens, DOT, PPE, Sharps, Fire & Electrical Safety & Hand Hygiene.

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8 Uncommon Christmas Facts

In light of the holiday season, here are some facts about Christmas that are not super well known:

1. The first song ever played in space was "Jingle Bells."
2. The Christmas tree became popular in England because of Princess Charlotte.
3. The image of Santa Claus that we know today was invented in 1870s by Thomas Nast.
4. Candy canes were invented to be given to choir boys if they were ever loud in service.
5. The traditional dinner place in Japan on Christmas is KFC.
6. The famous song "We Wish You a Merry Christmas" was originally written as a threat by servants toward their masters.
7. If a child living in the US writes Santa a letter in the mail, he will most likely get a response.
8. In Austria, adults still dress up as Krampus and chase around misbehaved

Over 250 5-Star Google Reviews!



All Points Mobile Shredding and Medical Waste loves to delight our clients!

We believe our reviews speak for the level of service we provide.

We are proud of our over 250 5-Star Google Reviews and very thankful to our wonderful clients who provided them!

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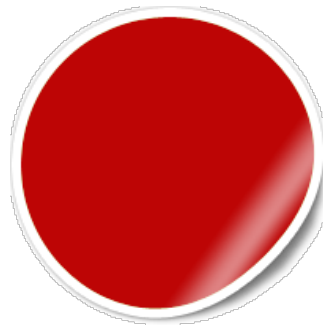


Officials Warn Parents About iPhone New "NameDrop" Feature

iPhone just released a new feature called "NameDrop" which

children.

Source: Hugh Baird College



The Dangers of Food Coloring

California is attempting to ban Red Dye No. 3 due to potential health risks. Red Dye No. 3 is made from petroleum and studies have shown that consuming this dye long-term can cause it to become carcinogenic. This dye may be the cause for hyperactivity in children and even cause impaired thyroid function.

Even if your food or drink is not red in color, it does not mean that it does not contain Red Dye No. 3. The FDA approved the use of this dye in foods and cosmetics in 1960. In 1990, it banned the use of dyes in cosmetics because of a study done on rats that verified the dye's connection to cancer. In 2022, it was petitioned that the FDA ban the use of Red Dye No. 3 in all foods by the Center for Science in the Public Interest and many other scientists. The FDA did not decide to ban Red Dye No. 3. However, they do require every food that uses this specific food coloring to include it in their list of ingredients.

So the next time you are going to buy a Gatorade after your workout or a cupcake for your child's birthday, make sure you read the ingredients and avoid Red Dye No. 3!

has police concerned, stating it is a potential threat to children and other at risk people.

The recent iOS 17 installs a feature called NameDrop, which allows you to share information and photos with another iPhone user by simply holding the two phones in close proximity, allowing someone to automatically receive your child's contact information, such as their phone number, e-mail address and photos.

The NameDrop feature is automatically download with the new iOS 17 update. To disable, do the following:

1. Open Settings
2. Tap General
3. Tap AirDrop
4. Turn Off "Bringing Devices Together" option to disable NameDrop

Source: Epoch Times

"The true secret of happiness lies in taking a genuine interest in all the details of daily life."

-William Morris



"Efficiency is doing

Source: Epoch Times



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things right,
effectiveness is
doing the right
things.”

-Peter Drucker



Vitamin C is a Super-Vitamin

Vitamin C is widely known as one of, if not the best vitamins to promote, benefit, and increase health. Found in many different sources, it is also a very accessible vitamin.

The problem is that not everyone processes these different forms of vitamin C in the same manner. Depending on a person's genetic make up and their health conditions, fruits and vegetables may satisfy their vitamin C needs while others may require infusions and supplements. Knowing your body, your health, and the way in which your body processes this vitamin can help you to effectively heal or maintain your health.

The RDA recommends 90 mg for men and 75mg for women as daily dose. To boost immunity when you are fighting something, you can boost your daily intake to 2,000 mg.

Source: Harvard Business Review



All Points Mobile Shredding & Medical
Waste
772.283.4152
clientcare@allpointsprotects.com
allpointsprotects.com

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All Points Mobile Shredding | 505 SE Central Parkway, Stuart, FL 34994

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