



September Newsletter

## Your Monthly Shred & Med Waste News!

Visit our website



### Friday Shred Event at Peter's Hardware

Every Friday All Points Mobile Shredding is offering a Shred Event for your:

- Confidential Documents
- Hard Drives

**EVERYTHING IS SHRED ON SITE!**

**FRIDAYS FROM 9:30AM-10:30AM**

Peter's Hardware  
975 SE Federal Hwy, Stuart, FL  
(Across from the McDonald's on Us-1)

*\$20/ Box. \$25/hard drive.  
(CASH only. Credit Cards for 5  
or more boxes)*

### September Special

*10% off 150 Box Purge or More*

\*Must be booked and performed in September



### Are You Compliant? We Can Help!

All Points offers on-line compliance training for HIPAA, Hazcom, Bloodborne Pathogens, DOT, PPE, Sharps, Fire & Electrical Safety & Hand Hygiene.

**For More Information,  
Call 772.222.3266**

All Points is Proud of our  
Over 250 5-Star Google

## The Science Behind Being a Mosquito Magnet

Do you ever wonder why you seem to attract mosquitos everywhere you go but none of your friends or family seem to do the same? Even though you may think so, it is not because you have sweeter or tastier blood. In fact, there are factors other than the taste of your blood that may draw mosquitos to you more frequently than others. The biggest factor is the fact that mosquitos are drawn to carbon dioxide (CO2). In order to find sources for the blood they need to reproduce, mosquitos developed a sensitivity to CO2. The way in which they differentiate between living and nonliving CO2 producers is through factors such as breathing and walking. People with higher metabolic rates produces more CO2, which attracts mosquitos. High metabolic rates can be due to genetics and also in people who are more physically active or drink alcohol.

Source: Epoch Times



## Amazon Shares a Warning with Customers Regarding Recent Fraudulent Behavior

Amazon recently sent out a warning to its customers

## Reviews!



All Points Mobile Shredding and Medical Waste loves to delight our clients!

We believe our reviews speak for the level of service we provide.

We are proud of our over 250 5-Star Google Reviews and very thankful to our wonderful clients who provided them!

[Click Here To Read Our Google Reviews](#)

[Click Here to Leave All Points a 5-Star Google Review!](#)



## Facts About Labor Day

1. Labor Day is a holiday acknowledging the men and women in the American workforce.
2. The first state to acknowledge Labor Day as an official holiday was Oregon.
3. The very first Labor Day took place on September 5, 1882 in NYC and was organized

regarding recent scams that have been occurring. In the past few months, there have been a growing amount of fraudulent emails, phone calls, and messages sent to Amazon Prime members requesting illegitimate fees. The most common tactic used by these scammers is to send a fraudulent link to customers with an urgent message to urge them to click on the link and give them information.

When shopping on Amazon or communicating with any employees, Amazon strongly encourages its customers to be wary. Only click on links that say "amazon.com" or "amazon.com/support." Between July of 2020 and June of 2021, around 96,000 Amazon customers claimed to have been targeted by Amazon-related fraudulent behavior.

As companies such as Amazon continue to grow and gain more customers, scammers are growing and evolving as well. Whenever you receive a call or message containing an unknown link or a sense of urgency, make sure to verify the messenger and the link before giving away any personal information

Source: Epoch Times



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by the Central Labor Union as a parade.

4. Labor Day weekend is recognized as the unofficial NFL season kickoff.
5. The very first Waffle House officially opened on Labor Day in 1955.
6. June 28, 1894 was the day Congress decided that Labor Day would be an official holiday and would take place on the first Monday of September.

Source: Hydroworx Blog

**"All labor that uplifts humanity has dignity and importance and should be undertaken with painstaking excellence."**

-Martin Luther King Jr.



**"Genius begins great work. Labor alone is what finishes it."**

-Joseph Joubert

772.222.3266



## How to Naturally Maintain the Proper Mind-Body Connection

The idea of meditation is typically associated with the health of the mind, but meditation can have positive benefits on the physical body as well. Meditation can actually help promote health in the body and reverse the reactions within our DNA that cause sickness. The goal of meditation is to calm the mind and help it to stay out of the fight-or-flight mentality that leads to the release of molecules and proteins in the brain that cause inflammation. Meditation can look different for every individual, so whether you are in a quiet room calming your mind or sitting on your porch in prayer, getting into a space where you are peaceful and calm as frequently as you can will not only benefit your mental health, but physical well-being too!

Source: Health News



All Points Mobile Shredding & Medical  
Waste  
772.283.4152  
clientcare@allpointsprotects.com  
allpointsprotects.com

Connect with us



All Points Mobile Shredding | 505 SE Central Parkway, Stuart, FL 34994

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