



August Newsletter

Your Free Monthly Shred & Med Waste News!

Visit our website



No-Touch Friday Shred Event at Peter's Hardware

Every Friday All Points Mobile Shredding is offering "No-Touch Shred Events" for you:

- Confidential Documents
- Hard Drives

EVERYTHING IS SHRED ON SITE!

**FRIDAYS FROM 9:30AM-
10:30AM**

Peter's Hardware
975 SE Federal Hwy, Stuart, FL
(Across from the McDonald's on Us-1)

*\$20/ Box. \$25/hard drive.
(CASH only. Credit Cards for 5
or more boxes)*

August Summer Special!

*15% Off 100 Box or More
Purge*

*Valid only if booked & performed in month of August.



Are You Compliant? We Can Help!

All Points offers on-line compliance training for HIPAA, Hazcom, Bloodborne Pathogens, DOT, PPE, Sharps, Fire & Electrical Safety & Hand Hygiene.

**For More Information,
Call 772.222.3266**

**Beware of These Internet
Shopping Scams**



Be weary of summer scams, warns Florida Attorney General Ashley Moody.



Make sure you verify the web address where you are shopping. Copycat sites and fake websites are popping up so be sure look at the URL.

Back To School Fun Facts

- The average backpack weighs 20% of the student's weight.
- 52% of high school students work at least part time.
- 100% of US public schools have internet access, compared to 50% in 1995.
- 1 in every 12 children will have to repeat a grade in grades 6-11.
- The oldest public school in the US is Boston Latin School founded in 1635.
- 5 of the original signers of the Declaration of Independence attended that school - Benjamin Franklin, John Hancock, Robert Treat Paine, Samuel Adams and William Hopper
- School buses has been around since 1915, but they didn't become yellow until 1939,

Scammers will often e-mail you claiming they are from a website like Amazon and state "we need to refund your purchase" asking you to click on a link. Make sure to go directly to the store's website and do not click on the link.

Beware of fake security alert e-mails informing you that your account was compromised. They will often ask you to verify billing info. Instead, call the company directly to verify and do not respond to the email or click any links.

Phone calls can be made to look like they are coming from a legitimate source. These calls can offer prizes, raffles, and may warn about security risks and ask you to take a survey. Do not give up any personal information and if they ask for you to pay for anything, hang up immediately.

Source: Channel 7 News WJHG

Natural Foods That Can Save Your Life

Source: Education News and Census.gov



Safely Destroy Old Hard Drives!

The only way to guarantee that everything on your old hard drive has been destroyed is to SHRED them!

- Hard Drives Can Have Millions of Pages of Documents
- 1 Terabyte is Estimated to Have 100 Million Double Sided Pages
- It is Cost Effective to Shred Hard Drives
- It Guarantees Peace of Mind

[Click Here To Learn About Hard Drive Destruction!](#)

Call Now for a Free Quote 772.222.3266



Often food is our best medicine. Here are 5 foods (and some sun) that can help fight life threatening illness or disease. Make sure you're eating these regularly:

1. **Garlic** - can help fight MRSA, Strep, Thrush, Cholera, Herpes and more.
2. **Honey** - coats the stomach to help with GI reflux and can help heal bacterial infections, dermatitis, and burns.
3. **Apple** - cancer experts say one apple a day can help prevent colorectal cancer and more than one prevents it even more.
4. **Sunlight** - helps with depression, the flu, psoriasis, Alzheimers and Multiple sclerosis.
5. **Turmeric** - this may be the most valuable and important food and has been proven to help with a long list of things including inflammation, breast cancer, colon cancer, colorectal cancer, Alzheimers and more.

Source: GreenMedInfo



Tips To Keep Kids Safe Online

One in five children who use the Internet have been sexually solicited. And, 20% of parents report they do not monitor their children's Internet activity at all. 71% report they stop monitoring at age 14. 62% of teens report their parents have "no idea" what they are doing online. So what can we do to keep our children safe?

- Place computers in a common area in the house.

- Spend time online with your kids. Teach them the dangers of the internet, how to search safely and sit with them when they are online or doing homework.
- Set reasonable time and usage limits.
- Set up parental controls. On Apple iPhones you can use the free Screen Time app to monitor your child's usage and set content and privacy restrictions. Consider installing monitoring software like OurPact, Qustofio or others.
- Discuss the dangers of the internet with your children (the boy saying he's a 13 year old with similar interests may very well be an older man who is a sexual predator).
- Teach your child never to give out personal information or to accept requests or play games with anyone they do not personally know and have met.
- Do not allow your child to upload or down photos without your permission.
- Sporadically spot check your child's phone searching browsing history and text messages.

Source: Pixel Privacy



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Connect with us

