



**April Newsletter** 

### **Your Monthly Shred & Med Waste News!**

Visit our website



#### Friday Shred Event at Peter's Hardware

Every Friday All Points Mobile Shredding is offering a Shred Event for your:

- Confidential Documents
- Hard Drives

#### **EVERYTHING IS SHRED ON SITE!**

#### FRIDAYS FROM 9:30AM-10:30AM

Peter's Hardware 975 SE Federal Hwy, Stuart, FL (Across from the McDonald's on Us-1)

\$20/ Box. \$25/hard drive. (CASH only. Credit Cards for 5 or more boxes)

# April Special! 1 Free Hard Drive Destruction with a 100 box purge or more

\*Must be booked and performed in the month of April.



## Are You Compliant? We Can Help!

All Points offers on-line compliance training for HIPAA, Hazcom, Bloodborne Pathogens, DOT, PPE, Sharps, Fire & Electrical Safety & Hand Hygiene.

For More Information, Call 772.222.3266

All Points is Proud of our





#### Reasons to Eat Pineapple

- Immunity Boost Eating pineapple strengthens your immune system and aids in digestion. It also reduces inflammation.
- 2. Boosts Heart Health The fiber and potassium in pineapples promotes heart health and reduces the risk of stroke and heart disease.
- 3. Boosts Brain Health Cooper in pineapples promotes healthy neural pathways in the brain. A 2017 study found it improved cognitive abilities.
- 4. Decreases Cancer Risk Pineapples contain quercetin, beta-carotene and vitamin C, which strengthens the immune system and neutralizes free radicals which decreases cancer.
- Supports Digestion Pineapple contains
   bromelain, a digestive
   enzyme which aids in
   digestion and promotes gut
   health.

Source: Epoch Times

#### Over 250 5-Star Google Reviews!



All Points Mobile Shredding and Medical Waste loves to delight our clients!

We believe our reviews speak for the level of service we provide.

We are proud of our over 250 5-Star Google Reviews and very thankful to our wonderful clients who provided them!

#### Click Here To Read Our Google Reviews

#### Click Here to Leave All Points a 5-Star Google Review!



#### Apple Releases Emergency Security Update

Apple identified a critical flaw and released an emergency update last month to address a flaw that allows hackers to execute memory corruption attacks on iPhone and iPad devices.



#### IRS Tax Refunds Are 6% Higher This Year

This year's tax refunds are, on average, 6% higher than last year. Experts believe it is due to higher standard deductions and because of inflation.

The average refund this year is \$3,109, up from \$2,933 in the 2023 filing year.

The experts state that most of the 2024 adjustments are due to the IRS adjusting for inflation.

Prices rose by 7.99% in 2022 according to the Consumer Pricing Index. That is the largest increase since 1981.

Source: Epoch Times



WE OFFER HARD DRIVE
DESTRUCTION - Click Here to
Learn More

Call Now for a Free Quote 772.222.3266 Apple's "patch" came on the same day that the United States Department of Treasury announced sanctions against a commercial spyware company that used software to target US government officials.

It's important that when Apple releases an update to your phone, tablet or computer, that you immediately update it to prevent security hacks.

Click here to learn about the importance of properly disposing of your electronic devices such as cell phones, computers, hard drives, laptops, tablets, and more at the end of their useful life. Proper electronic destruction is critical to maintaining your security and avoiding a breach.

Source: Data Breach Today

"If you can not do great things, do small things in a great way."

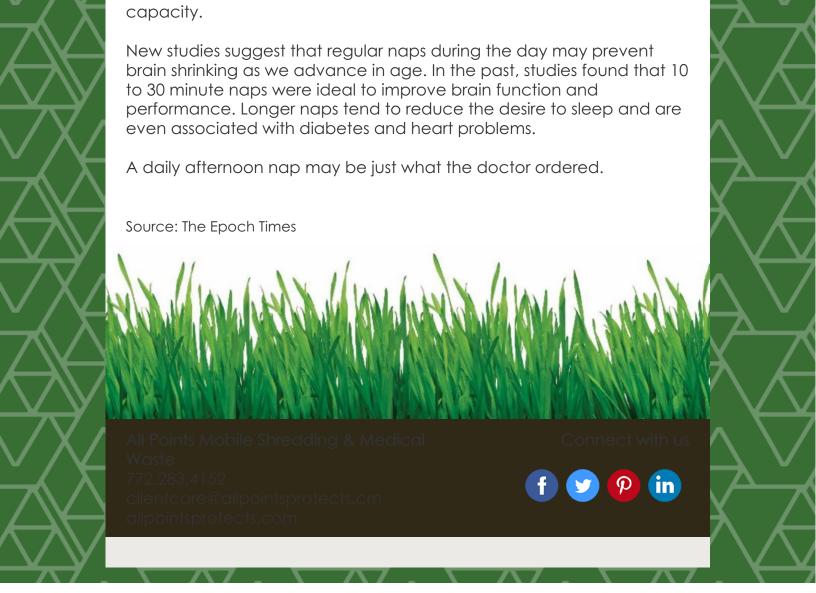
-Napoleon Hill





#### The Power of Naps

Experts report that you should nap daily to keep your brain healthy and function at this maximum



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